

CLOTHES: T-SHIRT CUSTOMIZED WITH FOLDS



MATERIALS REQUIRED

Two T-shirts of the same colour (preferably one bigger than the other), scissors, pins, thread, and a needle.

DEGREE OF DIFFICULTY

High.

APPROXIMATE TIME REQUIRED

7 hours. Time to select the t-shirts and prepare everything is included in this estimation. The participants can try and repeat the folding with several options of measurement.

ABILITIES DEVELOPED

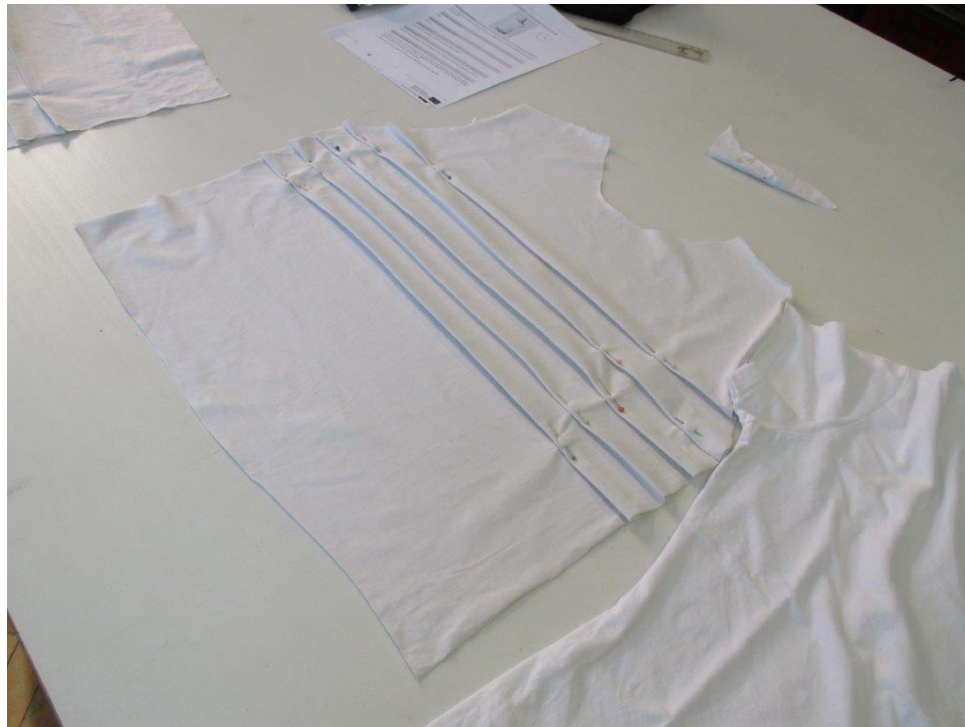
Learn how to customize T-shirts and make them unique.

WORKED ABILITIES

Attention, determination, fine handling, accuracy, hand-eye dexterity, memory, creativity, keeping focus and exchange of creative ways to finish the product.

STEP-BY-STEP INSTRUCTIONS

1. Take one of the T-shirts, the biggest one, and cut it on the following way: cut the sleeves, the neck, and open it so you will have to different pieces; the front and the backside. At the end, you will have two almost regular pieces.
2. Take the two pieces that you have just created and fold them like this:



You can iron the folds to work better.



3. Attach the folds with pins meanwhile you are doing them. Try to make all of them with the same measurement, about 2 centimetres, this way the result will look much nicer.

4. Now, attach this piece to the other T-shirt, the smaller one. Lay the smaller T-shirt flat and then the other one over it. Align the shoulders and pin them.



5. Extend the folded piece over the T-shirt and attach it with pins.



6. Then, mark with a tailor chalk or fabric marker drawing a kind of hourglass, just as you can see in the picture:



7. With the sewing machine, sew following the two lines that you have drawn in order to attach the folded piece to the T-Shirt. Sew only on the front part, remember that you want to wear it!



8. When you have already joined the two pieces, take off the pins and cut the excess of fabric on each side. Try to leave the same quantity of fabric on each side, 3 centimetres more or less.
9. Sew the neckline if you want to get a perfect finish.



TIPS

Be very careful when sewing the two pieces, because they will have a lot of pins and you could prick yourself or the sewing machine could get stuck with them. To ease your task you can tack it and then take off the pins.

If the sleeves stick outside the folded piece, you can cut them, you will get an even more impressive folded effect.