X
CLOTHES: SKIRTS MADE FROM T-SHIRTS


## MATERIALS REQUIRED

Old T-shirts, pins, a cord, a safety pin, a sewing machine, thread and a needle.

## DEGREE OF DIFFICULTY

## Medium.

## APPROXIMATE TIME REQUIRED

4 hours.

## LEARNING GOALS

Learn how to recycle used T -shirts and transform them into simple skirts.

## ABILITIES DEVELOPED

Attention, determination, fine handling, hand-eye dexterity, creativity, precisiness, dealing with the sewing machine.

## STEP-BY-STEP INSTRUCTIONS

1. Cut 4 rectangular pieces.They should measure about $50 \mathrm{~cm} \times 25 \mathrm{~cm}$ each:

2. Join the 4 pieces with pins and baste them. Then sew them with a sewing machine. The seams must remain at the inner part.

3. Then join the piece 1 with the piece 4 . Make sure as well that the seam is on the inside. You will have a completely closed cylinder.

|  |  |  |
| :--- | :--- | :--- |
| 1 | 2 | 3 |
|  |  |  |

4. Now you are going to work on the waistband: fold inwards the upper part 4 centimetres and sew all the contour.

5. Make two holes on the front part. Through them you will insert the cord wich will allow you to fit the skirt perfectly on you.

6. Place the cord on one of the holes and make it reach the other, sorrounding the skirt completely. You can help youself with a safety pin.
7. Finally, make a hem on the lower part. Fold 2 centimetres more or les and sew at the inner part to get the perfect finish.


## TIPS

These measurements are approximated, you can choose the ones you need depending on the size of the person this skirt is designed for. With the length is the same, feel free to make your skirt longer or shorter if you desire. It is up to you!

You can add an elastic waistband from a pullover or a T-shirt, like this the skirt will fit you better.

Try to choose T-shirts with nice prints, that go with each oter. You will get a spectacular result.

