

## ACCESSORIES: MITTENS MADE FROM AN OLD PULLOVER



### MATERIALS REQUIRED

An old pullover, a marker, scissors, thread, pins and newspapers.

### DEGREE OF DIFFICULTY

Medium.

### APPROXIMATED TIME REQUIRED

30 minutes

### LEARNING GOALS

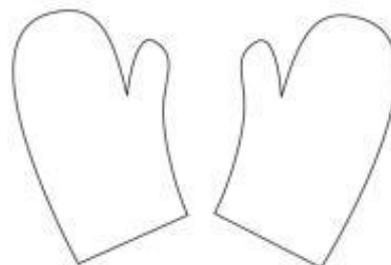
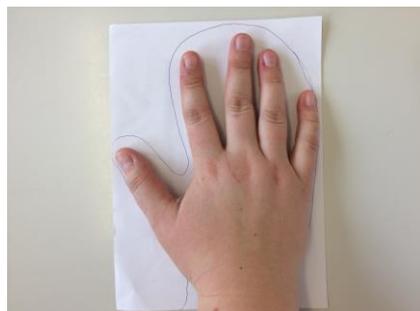
Learn how to do a simple pattern and how to make tailored mittens.

### ABILITIES DEVELOPED

Attention, concentration, determination, fine handling, accuracy, hand-eye dexterity, creativity.

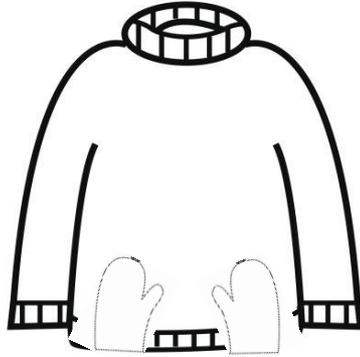
### STEP-BY-STEP

1. Draw the contour of your hand on a newspaper. Make it at least one centimetre bigger to ensure your mittens will not be too small once you have sewn them.



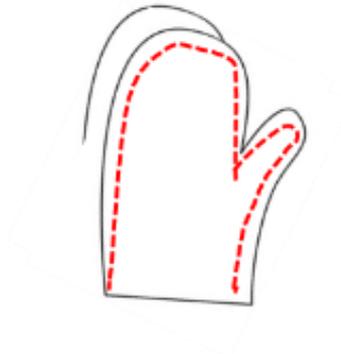


2. Cut the contour and place it on the pullover (first turn the pullover inside out) so that the wrist area coincides with the lower part of the pull. If the pull has elastic band the mitten will fit easier to your wrist, if not you will have to take it in.



3. Use the marker to draw the pattern on the pullover. Follow the pattern carefully. Do it again to get the back part of the mitten. Now turn the pattern and do these two steps again. Notice that you will draw four pieces, two for each mitten.

4. Put two of the pieces one above the other, this will be your first mitten. Hold them with pins. Sew the entire contour except for the part of the wrist; through there you will put your hand.



5. Turn it inside out and fold outwards the elastic band. You can iron it in order to get the perfect finish.

#### TIPS

You can customize your mittens adding beads, buttons or anything you like. If the mittens are for a kid, you can join them with a string. This way he/she will not lose them.

If you want your mittens to be warmer, you just need to add fleece lining; but remember that the work will be double.

